

Questions for your care team

You've probably already had many conversations with your care team about cystic fibrosis (CF), but as you grow older, new questions may come to mind.

Keeping a list of questions in a handy place and taking your list to your next care team visit may be helpful.

Here are examples of questions you might want to ask your care team:

1. What do I need to know before I travel?
2. Is it all right for me or my loved one to play sports?
3. What medicine does my loved one need to take and are there side effects?
4. How can I help my loved one stay healthy at school or away at college?
5. My teenager is having trouble sticking with their treatment plan. What's your advice?
6. Is there a local support group for people with CF or their caregivers?

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