

Cystic Fibrosis Support and Assistance

Here are just a few support and assistance resources for people with cystic fibrosis (CF), parents of a child with CF, and caregivers.

Boomer Esiason Foundation

www.esiason.org

The Boomer Esiason Foundation is a partnership of medical and business communities joined with volunteers to raise awareness, education, and quality of life for people affected by CF. It also funds CF research.

CF Source*

www.cfsource.com

CF Source helps you learn about CF—what it is, how it impacts the body, how it's treated, and what you can do to manage your disease.

Cystic Fibrosis Foundation (CFF)

www.cff.org

CFF is a national organization with 70 local chapters across the US. This website offers information and resources that will help you learn about living with CF. Click on the links below to find out more about 2 additional programs CFF offers:

- **Cystic Fibrosis Foundation Compass**

Compass is a CFF patient assistance service. It is a personal, one-on-one place to find help with insurance, financial, and other issues people with CF or CF caregivers may face.

- **Cystic Fibrosis Peer Connect**

CF Peer Connect offers people with CF a one-to-one peer support program which matches people with CF with an adult with CF or a family member who can provide support, share stories, and share experiences.

*CFsource.com and Everyday-CF.com are educational websites developed by Vertex Pharmaceuticals Incorporated.

Cystic Fibrosis Lifestyle Foundation (CFLF)

www.cflf.org

CFLF offers recreation grants and educational programs to empower and educate people living with CF. CFLF helps by inspiring healthy and active lifestyles through fitness, exercise, and outdoor recreation activities.

Cystic Fibrosis Research, Inc. (CFRI)

www.cfri.org

CFRI is a national organization that funds CF research and provides education and support, including free or low-cost counseling sessions with the provider of your choice. CFRI also offers online exercise and yoga classes specially designed for people with CF.

Everyday CF*

www.everyday-cf.com

Everyday CF offers information about living with CF at different ages and stages of life. Everyday CF provides information about nutrition, physical activity, maintaining a healthy mindset, going to school and college, and transitioning from childhood to adolescence and young adulthood.

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